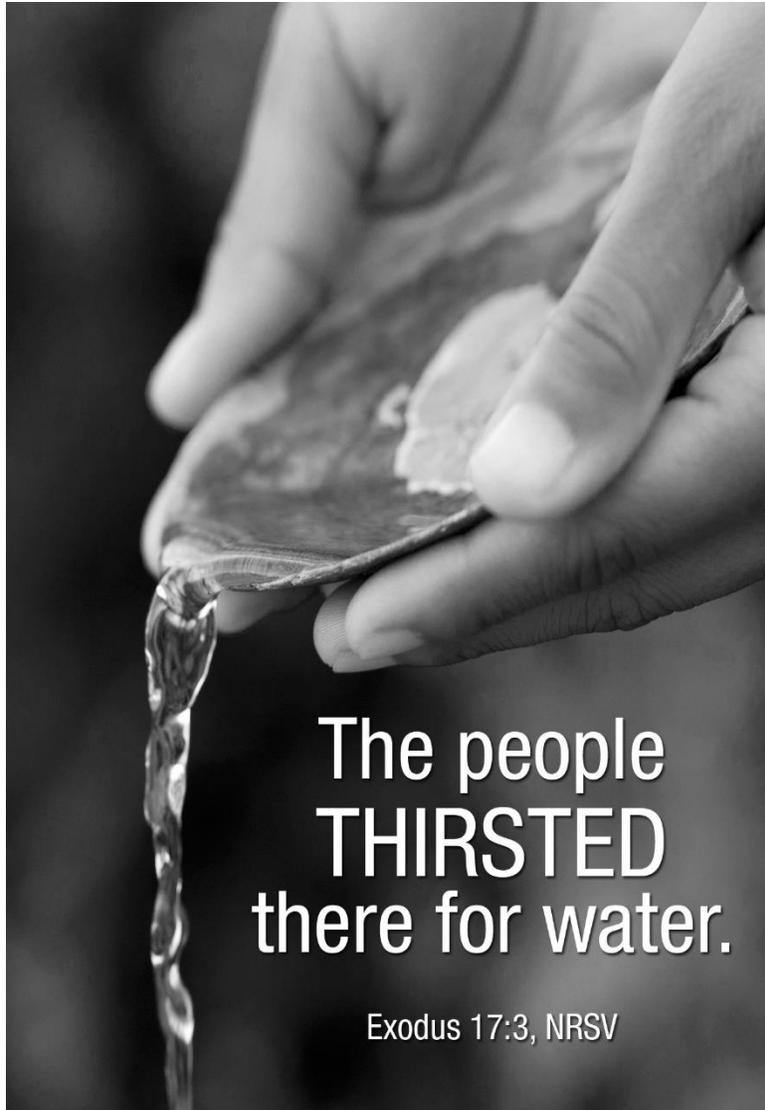


*St. Mark's Episcopal Church
75 Cold Spring Road
Westford, Massachusetts, 01886*



**March 8, 2026
Third Sunday in Lent**

*Rev. William Bergmann, Officiant
Lee Yezek, Minister of Music
Usher: Paul Ackroyd
Reader: Herb Elliot
Chalice: Elaina Carroll*

ENTRANCE HYMN: *There is a green hill far away (Horsley) (H 167)*

COLLECT FOR PURITY (BCP 355)

KYRIE: S- 89

THE COLLECT OF THE DAY (BCP p. 357)

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lessons

FIRST READING: Exodus 17:1-7

The people sit.

A Reading from the book of Exodus.

¹From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." ⁵The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader The Word of the Lord.

People Thanks be to God.

Silence may follow.

PSALM: Psalm 95

Remain seated.

- ¹Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- ²Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- ³For the LORD is a great God, *
and a great King above all gods.
- ⁴In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- ⁵The sea is his, for he made it, *
and his hands have molded the dry land.
- ⁶Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- ⁷For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- ⁸Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- ⁹They put me to the test, *
though they had seen my works.
- ¹⁰Forty years long I detested that generation and said, *
“This people are wayward in their hearts;
they do not know my ways.”
- ¹¹So I swore in my wrath, *
“They shall not enter into my rest.”

SECOND READING: Romans 5:1-11

The people sit.

A Reading from Paul's letter to the Church in Rome.

¹Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely

will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People Thanks be to God.

Silence may follow.

SEQUENCE HYMN *As longs the deer for cooling streams (Martyrdom) (H 658)*

All stand.

GOSPEL: John 4:5-42

All stand.

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

⁵[Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.⁶Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” ⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” ¹¹The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” ¹³Jesus said to her, “Everyone who drinks of this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” ¹⁵The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.”

¹⁶Jesus said to her, “Go, call your husband, and come back.” ¹⁷The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!”

¹⁹The woman said to him, “Sir, I see that you are a prophet. ²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” ²¹Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth.” ²⁵The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” ²⁶Jesus said to her, “I am he, the one who is speaking to you.”

²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” ²⁸Then the woman left her water jar and went back to the city. She said to the people, ²⁹“Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” ³⁰They left the city and were on their way to him.

³¹Meanwhile the disciples were urging him, “Rabbi, eat something.” ³²But he said to them, “I have food to eat that you do not know about.” ³³So the disciples said to one another, “Surely no one has brought him something to eat?” ³⁴Jesus said to them, “My food is to do the will of him who sent me and to complete his work. ³⁵Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷For here the saying holds true, ‘One sows and another reaps.’ ³⁸I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

³⁹Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” ⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

THE SERMON

THE CREED (BCP p. 358)

All stand.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,**

**the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE (BCP p. 359)

All remain standing.

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and
humbly serve you;
That your Name may be glorified by all people.

We pray for Presiding Bishop Sean Rowe, Bishop Julia Whitworth, Rev. Will Bergmann, Rev.
Melissa Buono, and for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations
of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or
trouble;
That they may be delivered from their distress.

We pray in a special way for those on the St. Mark's Prayer List, namely:

Anna Oliverson, Susan and Kate, Kate and family, Ben, Orvil, JimDerek, Evie and family Beth, Brendan and Corine, and Kate, Elizabeth, Jane, Lisa, Pamela, Brooke, David Andrew, Charlotte and Bob, Ross, Lindy, Ted and Kathy, Doug and the Pecora family, Andrew Ward, John Gallacher, Janet Andrews, Marmi Sheehan, Marcia and Ralph, Shelly Wadsworth, Cathy C., Marion Perault, Sue Sweeney, Ben Meaden, Albert Caproni and his family, Sherrie Carroll, Bob Berg, Judy and Marlene, Michael and those we name aloud or in the silence of our hearts....(pause)

We pray for those who have died, especially:

Sandra Jewett-Ensor, Cora Rose, Fran Fletcher, Joe Caproni.

Give to the departed eternal rest. Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom

Thanksgiving for healing:

Jody.

Let us pray together the Prayer of the Parish:

Almighty & Everliving God, Ruler of all things in heaven and earth, hear our prayers for this Parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church, through Jesus Christ, our Lord. Amen.

Let us pray for our own needs and those of others.

Silence

CONFESSION OF SIN (BCP p. 359)

The Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

**Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ,
strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.**

THE PEACE (BCP p. 360)

All stand.

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The Holy Communion

OFFERTORY SENTENCE

The Celebrant says

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.
Psalm 50:14

OFFERTORY ANTHEM (BCP p. 361)

THE DOXOLOGY V. 3 *From all that dwell below the skies (Old 100th) (H 380)*

The Great Thanksgiving

The People remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

Facing the Holy Table, the Celebrant proceeds

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS: S-124 *Holy, holy, holy (Hurd) (BCP p. 362)*

Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The People stand or kneel.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER (BCP p. 363)

As our Savior Christ has taught us, we now pray,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

FRACTION ANTHEM: S – 161 Agnus Dei

INVITATION (BCP p. 364)

The Celebrant says

The Gifts of God for the People of God.

DISTRIBUTION (BCP p. 365)

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.
The Bread and the Cup are given to the communicants with these words*

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. [*Amen.*]

COMMUNION HYMN: O saving Victim, opening wide (Herr Jesu Christ) (H 310)

POST-COMMUNION PRAYER (BCP p. 365)

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING (BCP p. 366)

The Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

POST-COMMUNION HYMN: *Rock of ages, cleft for me (Toplady)* (H 685)

DISMISSAL (BCP p. 366)

People Let us go forth in the name of Christ.
Thanks be to God.

ANNOUNCEMENT

March 8th to March 15th

Sunday, March 8th

10 a.m.: 3rd Sunday of Lent, Holy Eucharist, Rev. William Bergmann

Tuesday, March 10th

7 p.m.: Vestry Meeting on Zoom. Contact Jean Ellis at seniorwarden@st-mark.org to attend

Wednesday, March 11th

7 p.m.: Lenten Study series on Zoom

Thursday, March 5th

9 a.m.: Joint bible study with Trinity. Johnson's restaurant in Groton

10 a.m. - 5 p.m.: Church Office open

7:30 p.m.: Choir practice

Sunday, March 15th

10 a.m.: 4th Sunday of Lent, Holy Eucharist, Rev. Melissa Buono

5 p.m.: Dinner Church

Third Sunday in Lent

On this Sunday in Lent we turn to the God who knows that we have no power in ourselves to help ourselves. Thirsty in body and soul, we are met by Christ, who offers living water that quenches our deepest need and restores our hope. Defended by God's grace and love, we learn to trust the Savior of the world who sustains us, heals us, and draws us into true life.

Lenten Study Series: The Early Christian Mission

This week's pre-read: Paul's letter to the Romans chapters 5-9

Join Rev. Will Bergmann for a six-week journey into the beginnings of Christianity as we explore how the message of the Messiah spread throughout the ancient world. This study invites us to wrestle with questions that remain vital today: How do we share our faith authentically? What does it mean to be the body of Christ in a diverse world? How can ancient letters speak to our modern lives?

Wednesdays, February 25 - April 1

7:00 - 8:30 PM

Please have a Bible handy (any version)

Zoom Link -

<https://us06web.zoom.us/j/86129006567?pwd=fn2LLMo1BaOuQJ3amv0YSiGFnYaGdb.1>

Dinner Church - Celtic Prayers

Sunday, March 15| 5 PM | Williams Hall

Join us for Dinner Church—a time to share prayers, conversation, and a meal around the table. Inspired by the early church, Dinner Church is a lay-led service that blends familiar prayers with new reflections and community connection. This month, we'll explore *Celtic Prayers for Lent* while sharing a meal together.

All are welcome! RSVP or send questions to Judie at familyministry@st-mark.org — or just come as you are.

Planning Ahead for Holy Week!

Looking ahead and to get your plans locked in, here is the schedule for Holy Week (March 29 - April 5)

Palm Sunday (March 29) - joint service @ Trinity Chapel in Shirley. No service at St. Mark's.

Maundy Thursday (April 2) - Service at 7 p.m.

Good Friday (April 3) - Service at 7 p.m.

Easter Sunday (April 5) - 10 a.m. service @ St. Marks

Outreach Box: Supporting our Local Food Banks

With changes to Federal support programs, inflation, and tariffs, the access to food has become a daily struggle for families across the area. For the next few months we will be collecting money for the Westford Food Pantry and Loaves and Fishes.

Make your voice heard. Weekly ICE Protests on Wednesdays

The grassroots organization Bearing Witness @ ICE (multiple links on Google) is continuing protests in front of the ICE detention center in Burlington (immediately behind the Mall) every Wednesday, 11 AM-1 PM. Attendance is now typically 500 and growing. Several St. Mark's parishioners attend every week. If you're interested in carpooling, please contact **Eric Kintner**. Another worthwhile resource for resisting ICE in many different ways is LUCE:

<https://www.lucemass.org>

Help Support Our Neighbors Facing Food Insecurity

Many in our community are struggling with food insecurity due to the high cost of groceries and recent reductions in SNAP (food assistance) benefits. St. Mark's Church invites parishioners to help support our local food pantries during this challenging time.

Please consider bringing non-perishable food items—such as canned goods, pasta, rice, or peanut butter—and placing them in the collection basket located in the narthex.

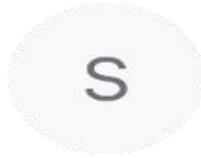
Your generosity helps ensure that no one in our community goes hungry. Thank you for your continued compassion and support.

Ongoing News

Office Hours - Irina and/or Rev. Bergmann will be in the office on Thursdays from 10 a.m. to 5 p.m. To schedule an office appointment, please email secretary@st-mark.org or **Rev. Bergmann** at wcbrgm2n@gmail.com or call (978) 692-7849 and leave a voice message. Thank you.

St. Mark's Bible Study meets every other week on Thursdays at a local restaurant to discuss the lectionary readings for the week. New members are welcome! If you'd like to join, e-mail Herb Elliott at herb.elliott@cheza.com, and he will add you to the email distribution and send you the readings.

Pastoral Care: Would you like to receive communion? Need prayers for healing? Need support or assistance? Would you like to speak with a priest? Please email **Rev. Will Bergmann** at wcbrgm2n@gmail.com and Herb Elliott, our Pastoral Care team leader at herb.elliott@cheza.com. Alternatively, you can call 978-501-8479. You can also use the "Request Pastoral Visit" button on St. Mark's website.



St Mark's Episcopal Church
@stmark75



PRIEST - IN – CHARGE

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MINISTER OF MUSIC

Lee Yezek: lyezek@gmail.com

VESTRY MEMBERS

Michael O'Hare (Jr. Warden), Scott Hilton (Treasurer), Ellen Tremblay (Clerk), Paul Ackroyd (At-Large), Jenny Meanwell, Chrissy Hemingway (Rental program), Melissa Dewing, Brennan Burks, Brenda Martin (Pre- School Representative), Mahiro Jilesen.

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